



www.getintogolfscotland.org



We know all the old stereotypes about golfers and clubs – but times have changed.

Welcome to the modern game where you can play nine holes after work then grab a well-earned drink with your friends in the clubhouse.

Golf is a fantastic way to burn calories and stay healthy through a low impact yet highly energising sport – and it can be as competitive as you want. So put your tablet down and jump off the sofa. Come and get involved in a sport **that suits all players, whatever age, gender, fitness level, or ability.**

Get into Golf helps you to take those first steps towards playing a sport you can truly enjoy for life.

Get into Golf adult beginners coaching sessions at Hilton Park Golf Club

All clubs and balls provided. Call **0141 956 5125** to sign up for

Mixed Class- four 1-hour classes- £20 Saturday at 12 noon.

- Saturday 1st April
(Note: GAP)
- Saturday 15th April
- Saturday 22nd April
- Saturday 29th April

Ladies Only Class- four 1-hour classes- £20 Sundays at 11am.

- Sunday 2nd April
(Note: GAP)
- Sunday 16th April
- Sunday 23rd April
- Sunday 30th April

Luke Simpson Head PGA Professional